



WOMEN'S BASKETBALL RECRUITING GUIDELINES

BY DIVISION

TOP DI / TOP JC

	HT	PPG	APG	RPG
PG	5'8"+	10	4	N/A
SG	5'10"+	12+	N/A	N/A
SF	5'11"+	12+	N/A	8
PF	6'0"+	12+	N/A	10
C	6'2"+	12	N/A	12

LOW DI / TOP DII / TOP NAIA

	HT	PPG	APG	RPG
PG	5'7"+	10	3	N/A
SG	5'8"	10+	N/A	N/A
SF	5'10"+	11+	N/A	5
PF	5'11"+	9	N/A	6
C	6'0"+	11+	N/A	8

TOP DII / TOP DIII / LOW NAIA

	HT	PPG	APG	RPG
PG	5'6"+	8	2.5	N/A
SG	5'8"+	9+	N/A	N/A
SF	5'9"+	9+	N/A	4
PF	5'10"+	8	N/A	5
C	5'11"+	9+	N/A	7

LOW DIII / LOW JC

	HT	PPG	APG	RPG
PG	5'5"	6	2	N/A
SG	5'8"	8+	N/A	N/A
SF	5'8"+	7+	N/A	3
PF	5'9"+	6	N/A	5
C	5'11"+	7+	N/A	6

**Listed physical features portray the prototypical recruit for each division level. An athlete's athleticism and explosiveness on film is the determining factor for most coaches, so size and athleticism are on a sliding scale. This means the smaller you are on the scale, the more explosive you must be.

BASKETBALL RECRUITING GUIDELINES: CONTACTING COACHES

MAY RECEIVE GENERAL INFORMATION

General information includes camp brochures and admissions information.

ALL DIVISIONS: ANYTIME, UNLIMITED

MAY RECEIVE RECRUITING MATERIALS

You may receive any written information including personal emails and letters.

- DIVISION I: SEPTEMBER 1 OF JUNIOR YEAR
- DIVISION II: JUNE 15 AFTER SOPHOMORE YEAR
- DIVISION III: ANYTIME, UNLIMITED
- NAIA: ANYTIME, UNLIMITED

YOU CAN TAKE UNOFFICIAL VISITS

You are allowed to take an unlimited amount of unofficial visits at any time during your career. An unofficial visit is any visit by you and your parents to a college campus paid for by you and your parents.

ALL DIVISIONS: ANYTIME, UNLIMITED

YOU CAN HAVE CONTACT WITH A COACH OFF OF THEIR CAMPUS

This means you can visit the coach off their college campus.

- DIVISION I: JULY 1ST AFTER JUNIOR YEAR
- DIVISION II: JUNE 15TH AFTER SOPHOMORE YEAR, UNLIMITED
- DIVISION III: AFTER SOPHOMORE YEAR, UNLIMITED
- NAIA: ANYTIME, UNLIMITED

YOU CAN CALL COACHES AT YOUR EXPENSE

ALL DIVISIONS: ANYTIME, UNLIMITED

COLLEGE COACHES MAY CALL YOU

Remember, you are always allowed to call coaches, but there are several restrictions about when they can call you, technically, DIII coaches can call at anytime, although many follow the DI rules.

- DIVISION I: SEPT. 1ST OF JUNIOR YEAR, UNLIMITED
- DIVISION II: JUNE 15TH AFTER SOPHOMORE YEAR, UNLIMITED
- DIVISION III: ANYTIME, UNLIMITED
- NAIA: ANYTIME, UNLIMITED

YOU CAN TAKE OFFICIAL VISITS

An official visit is any visit to a college campus by you and your parents paid for by the college.

- DIVISION I: ALLOWED TO START THE THURSDAY AFTER THE WOMEN'S FINAL FOUR OF JUNIOR YEAR. LIMITED TO 1 VISIT PER COLLEGE, UP TO 5 TOTAL.
- DIVISION II: JUNE 15TH AFTER SOPHOMORE YEAR. LIMITED TO 1 VISIT PER COLLEGE, UNLIMITED.
- DIVISION III: JANUARY 1ST OF JUNIOR YEAR. LIMITED TO 1 VISIT PER COLLEGE, UNLIMITED.
- NAIA: ANYTIME, UNLIMITED