



# WOMEN'S SOCCER RECRUITING GUIDELINES BY DIVISION

## High/Mid Division I

Club Experience
USSDA / ECNL
National/Regional ODP
Top Regional League
High School Experience
USSDA
All-State

## Low DI, Top/Mid DII Top NAIA

Club Experience
USSDA
ECNL
Mid-Low Regional League
State ODP Team
High School Experience
All-Area / District 1st Team

## Low DII, Mid NAIA, Top DIII, Top JC

Club Experience:
Top Performer on State Club Team
RegionalTeam/Pool
High School Experience
All-Area Team
District 1st Team
All-Conference 1st Team

## Mid/Low DIII, Low NAIA, Mid/Low JC

Club Experience:
Top Team Within Local Club
RegionalTeam/Pool
High School Experience
All-Area Honorable Mention
All-District Honorable Mention
All-Conference Honorable Mention

\*\*Listed physical features portray the prototypical recruit for each division level. An athlete's athleticism and explosiveness on film is the determining factor for most coaches, so size and athleticism are on a sliding scale. This means the smaller you are on the scale, the more explosive you must be.

## SOCCER RECRUITING GUIDELINES: CONTACTING COACHES

### MAY RECEIVE GENERAL INFORMATION

General information includes camp brochures and admissions information.

ALL DIVISIONS: ANYTIME, UNLIMITED

### MAY RECEIVE RECRUITING MATERIALS

You may receive any written information including personal emails and letters.

DIVISION I: SEPTEMBER 1 OF JUNIOR YEAR  
 DIVISION II: JUNE 15 AFTER SOPHOMORE YEAR  
 DIVISION III: ANYTIME, UNLIMITED  
 NAIA: ANYTIME, UNLIMITED

### YOU CAN TAKE UNOFFICIAL VISITS

You are allowed to take an unlimited amount of unofficial visits at any time during your career. An unofficial visit is any visit by you and your parents to a college campus paid for by you and your parents.

ALL DIVISIONS: ANYTIME, UNLIMITED

### YOU CAN HAVE CONTACT WITH A COACH OFF OF THEIR CAMPUS

This means you can visit the coach off their college campus.

DIVISION I: JULY 1ST AFTER JUNIOR YEAR  
 DIVISION II: JUNE 15TH AFTER SOPHOMORE YEAR, UNLIMITED  
 DIVISION III: AFTER SOPHOMORE YEAR, UNLIMITED  
 NAIA: ANYTIME, UNLIMITED

### YOU CAN CALL COACHES AT YOUR EXPENSE

ALL DIVISIONS: ANYTIME, UNLIMITED

### COLLEGE COACHES MAY CALL YOU

Remember, you are always allowed to call coaches, but there are several restrictions about when they can call you, technically, DIII coaches can call at anytime, although many follow the DI rules.

DIVISION I: SEPT. 1ST OF JUNIOR YEAR, UNLIMITED  
 DIVISION II: JUNE 15TH AFTER SOPHOMORE YEAR, UNLIMITED  
 DIVISION III: ANYTIME, UNLIMITED  
 NAIA: ANYTIME, UNLIMITED

### YOU CAN TAKE OFFICIAL VISITS

An official visit is any visit to a college campus by you and your parents paid for by the college.

DIVISION I: OPENING DAY OF CLASS SENIOR YEAR. LIMITED TO 1 VISIT PER COLLEGE, UP TO 5 TOTAL.  
 DIVISION II: JUNE 15H AFTER SOPHOMORE YEAR. LIMITED TO 1 VISIT PER COLLEGE, UNLIMITED.  
 DIVISION III: JANUARY 1ST OF JUNIOR YEAR. LIMITED TO 1 VISIT PER COLLEGE, UNLIMITED.  
 NAIA: ANYTIME, UNLIMITED